



HealthPartners®
Park Nicollet®
Stillwater Medical Group

Occ Med Now

Occupational Medicine news that works for you



Hiring physically qualified workers

Robin Peterson, PT

It's estimated that up to 50 percent of work injuries occur to new hires in their first year. Half of these injuries are musculoskeletal disorders, including: sprains, strains, cumulative trauma, herniated discs and rotator cuff tears. Matching new hires to the demands of a job helps build an injury-free workforce. Healthy workers also help meet your customers' expectations.

Pre-work screening (PWS) and **medical exams** are used for new applicants and employee transfers. PWS tests a job applicant's ability to safely perform a job's physical requirements. It also gives our doctor valuable information to make work clearance decisions.



Saliva testing coming soon

Saliva testing is quickly becoming a popular way to test for drugs of abuse. It compares favorably to urine testing because:

- Captures more recent use of drugs
- Completely observable by clinic staff
- Extremely difficult to cheat
- No shy bladder or diluted specimen issues



You can choose where workers' comp care happens

In Minnesota, workers choose where they get work-injury care. Many select practitioners who don't know you, the work comp system or your worksite, resulting in greater cost. But if your company purchases **HealthPartners Workers' Compensation Certified Case Management**, you can direct care to the provider of your choice – for up to 30 days – with the support of a HealthPartners nurse case manager.

Learn more

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