BARIUM ENEMA-- LARGE INTESTINE

Please check in at the the Imaging Center 15 minutes prior to your appointment
Your insurance cards and Photo ID will be required to complete registration.

THIS IS A TWO DAY PREP

PURPOSE:
To visualize the large intestine (colon) by administering an enema containing a barium solution (chalky liquid) under fluoroscopic control (x-ray camera).

BEFORE THE EXAM:
Please tell your healthcare provider if you:
- Have any allergies to latex or medicines
- Are pregnant
- Have diabetes (ask for an early morning appointment and talk to your health care provider about your medicine needs)
- Take any other medicines (Check with your healthcare provider to see if you have special medicine instructions.)

Please follow any instructions you received from your health care provider.
The quality of exam depends upon how well you are prepped. You will need to get a colon prep kit from the pharmacy. Follow the instructions. The kit may include
- Magnesium citrate (8oz)
- Bisacodyl suppository (one)
- Bisacodyl 5mg tablets (four)
The prep kit contains a strong laxative and you may need to get up in the middle of the night to use the bathroom.
Take any medications you need with small sips of water or as advised by your health care provider.

PREPARATION:
1. 48 HOURS BEFORE THE EXAM—Restricted diet, this is mostly a liquid diet.
   FOODS ALLOWED: Include black coffee or tea, clear soups (fat free) and clear fruit juices, small portions of white meat only and fish, plain gelatin and white bread.
   FOODS NOT ALLOWED: Include dairy products, raw vegetables and red jell-o
2. 24 HOURS BEFORE THE EXAM—Bowel cleansing starts.
   Follow the instructions on the Lo So prep to assure proper cleansing of your bowels.

ABOUT DRINKING LIQUIDS:
You must drink at least 8 large glasses of liquid in the time period covered by the instructions in the kit. You can drink clear fruit juices, such as apple or cranberry. Tea or coffee are acceptable, but no milk or cream. You can drink more than specified, but not less.

3. On the day of your exam, please refrain from wearing metal if possible. You may be able to stay partially dressed for your exam if metal does not interfere with the pictures.

THE EXAM:
1. The technologist will explain the exam to you. While on the x-ray table you will be given an enema of barium.
2. In an AIR CONTRAST BARIUM ENEMA, air will be introduced into the bowel with the enema. This exam takes approximately 45 minutes.

AFTER THE EXAM:
Once the exam is over, you will be allowed to evacuate in the bathroom. You may eat and drink. It may take several days before normal bowel habits return. A report will be sent to your care provider. Please allow four working days for your doctor to contact you.

If you have questions, need to reschedule or cancel your exam, please call the Imaging Center at: (715-531-6437) OR (800-993-2325)