

**Hudson Hospital & Clinics**  
**Influenza Awareness**  
**January 13, 2013**

**Overall**

- Our goal is to ensure the safety of all patients, visitors and staff at Hudson Hospital & Clinics during this flu season.

**Awareness**

- We are placing large signs and kiosks, which includes hand-sanitizer, masks and tissue, at our main entrances and on nursing units.

**Visitors**

- We are not restricting visitors at this time, but we are asking people not to visit patients if they have symptoms of the flu or flu-like illnesses, including a fever above 100 degrees, a bad cough or sore throat, chills or body aches, diarrhea or vomiting.
- We are reminding visitors to cover their sneeze and cough (with a tissue or their sleeve), clean their hands upon arriving and leaving, and reminding them that it's not too late to get a flu shot.

**Ongoing monitoring**

- We are participating and following the Wisconsin Department of Health & Human Services guidance. However, we are closely monitoring flu trends and our flu volumes to determine if we may at some point need to implement more restrictive visitor policies.
- We're also closely monitoring flu (and flu-like illnesses) to determine if we need to implement additional precautions.

**Prevention & Treatment**

- Get the flu shot
- Wash your hands, avoid touching your face
- Cover your cough
- If you have flu-like symptoms:
  - Stay at home, get plenty of rest
  - Cover your cough
  - Drink plenty of fluids
- If symptoms worsen, see your physician

**Our employees**

- The health and well-being of our staff, who care for our patients, is vitally important.
- If our staff have the flu or a flu-like illness, we are asking them to stay home until they are fever free for 24 hours without medication.
- We are continuing to encourage our staff to get the flu shot.

More information is available at [www.healthpartners.com/flu](http://www.healthpartners.com/flu) or [www.cdc](http://www.cdc) or [flu.wisconsin.gov](http://flu.wisconsin.gov) for guidance.