CREATE YOUR OWN MAIL ART
THE HEALING ARTS PROGRAM

Here are some supplies you’ll need
To create your own Mail Art:

- paper
- scissors
- ruler
- glue / glue stick
- pencil

1. Print out a template for the size and shape you’d like. You can print onto colored paper, or cut the template and trace onto your desired paper.

2. Cut out your envelope.

3. Use a ruler and scissors to slightly score the suggested fold lines for optimal ease while folding.

4. Use a glue stick to seal the lower edges keeping the top flap open.

5. Write a letter and enjoy your beautiful mail art!
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*Optional ideas and materials
- paint or decorate your paper before cutting or folding
- collage a pre-existing envelope
- Washi tape, or decorative tape

There are a lot of ideas you can find on Pinterest or other craft sites if you need a little more inspiration!

Template/Image Resources:
- www.make-your-own-invitations.com
- minieco.co.uk
- https://us14.campaign-archive.com/home/?u=41eab41f2f99f1fd0a634154b&id=5f192f6c3b

The Healing Arts Program is a community partnership between Hudson Hospital & Clinic, Westfields Hospital & Clinic, and The Phipps Center for the Arts. I would encourage you to also experience the virtual activities available through The Phipps website and YouTube Channel. This includes the Virtual Annual Area High School Art Exhibition and a virtual tour of the galleries featuring artists Mark Granlund, Michelle Kaisersatt, Kimber Olson, Gloria Adrian, Mark Ostapchuk and Gregory Wilkins.

https://thephipps.org/event/virtual-gallery-exhibit/
http://tiny.cc/ThePhippsCenterYouTube
Envelopes Template #1

www.make-your-own-invitations.com