

St. Croix County Community Health Improvement Participant Biography



Nicolaas P. Pronk, Ph.D., FACSM, is the vice president and Health Science Officer for JourneyWell at HealthPartners, Minneapolis, Minnesota. He is also a Senior Research Investigator at the HealthPartners Research Foundation where he conducts research in the area of health behavior change and population health.

Dr. Pronk is widely published in both the scientific and practice literature and is currently an Editorial Board member for several scientific journals. He is the founding president of the International Association for Worksite Health Promotion (IAWHP). Some of his current activities include being a member of the Task Force on Community Preventive Services which publishes the *Guide to Community Preventive Services*, the Clinical Obesity Research Panel at the National Institutes of Health, and a faculty member of the World Health Organization Non-Communicable Disease Prevention course in Helsinki, Finland.

He is a former member of the U.S. Defense Health Board, ACSM's Behavioral Strategies Committee, and the Institute of Medicine's Committee to Assess Health Promotion Programs at NASA.

Dr. Pronk is the author of the scientific background paper for the U.S. National Physical Activity Plan for Business and Industry and the Senior Editor of *ACSM's Worksite Health Handbook, Second Edition* published in 2009.

Dr. Pronk received his doctorate degree in exercise physiology at Texas A&M University and completed his post-doctoral studies in Behavioral Medicine at the University of Pittsburgh Medical Center and Western Psychiatric Institute and Clinic in Pittsburgh, Pennsylvania.

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