

Get the Most From Your Healthcare

Research shows that patients and their families who are more involved with their care feel they get better results and are more satisfied. Safety and satisfaction are priorities at Hudson Hospital & Clinics. To become an active, involved, and informed member of your health care team, we recommend that you:

- Speak up if you have questions or concerns, and if you don't understand, ask again. We are here to help.
- Share health information about yourself – even if you think it might not be important.
- Make sure your nurse or doctor confirms your identity, asking your name and date of birth before any medicine or treatment is given. It is standard procedure for each staff member to ask for TWO forms of identification – even if you think they know you.
- Expect staff to introduce themselves when they enter your room. Look for their identification name badges.
- Pay attention to the care you are receiving. Make sure you are getting the right treatment by the right health care professional.
- Know the medications you are taking, why you are taking them and their potential side effects. Ask for additional information about your medications at any time.
- Know what time of day you normally receive a medicine. If it doesn't happen, bring this to the attention of your nurse or doctor.
- Always verify that the medications you are given are intended for you. Your nurse should always verify your name and check your identification before giving medications.
- Tell your doctor, nurse and pharmacist about the medicines that you take. Remember to include the over-the-counter medicines such as aspirin, ibuprofen, and vitamin and herbal supplements.
- Remind them about any drug allergies you have.
- Encourage hand hygiene for yourself, your visitors and your health care staff. Wash your hands or use hand sanitizer often. Feel free to ask a caregiver if they have washed their hands before caring for you.