

Rehabilitation Center Hand Therapy Program

The Hand Therapy Program at Hudson Hospital & Clinic Rehabilitation Center is designed for individuals with conditions affecting the fingers, hand, wrist or elbow. Our program provides care for both new and long-standing conditions, and focuses on your needs for work and play. Our skilled therapists partner with you and your physician to determine a treatment plan that allows you to return to your active lifestyle.

We provide care for a range of conditions, including:

- Acute muscle or tendon injury
- Severe trauma and amputation
- Fracture and dislocation
- Chronic and overuse disorders
- Joint pain and malalignment
- Surgical recovery
- Arthritic and rheumatologic disorders
- Nerve injury and degeneration
- Disuse associated with stroke or other disorders

Our program includes a range of services:

Occupational therapy:

- Evaluation and treatment
- Symptom management
- Personalized plan of care

Splinting and bracing:

- Selecting the right equipment for both immobilization and function
- Expert fitting and instruction in use
- Custom and pre-fabricated options

Return to work and play:

- Activity modification to reduce re-injury and symptom aggravation
- Conditioning programs and adaptive equipment
- Workplace/workstation evaluation and ergonomic recommendations

Most therapy care and equipment is covered by insurance, and all individuals can meet with a patient financial services representative to determine your coverage and costs. Our staff is happy to assist you in obtaining a physician referral, if needed.

Use of your hands is a vital part of living your life to its fullest. Don't let pain or injury affect your life. Our team is committed to your care!

For more information, or to schedule an evaluation, please contact us at (715) 531-6400

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Fax: (715) 531-6401

 **Hudson Hospital & Clinics**
HealthPartners Family of Care